

**Irish Sleep Society
Annual Scientific Meeting Programme
Friday 22nd January 2021**

1:00pm – 1:10pm	Welcome
1:10pm – 3:00pm	Oral abstract presentations Chairs: Prof. Eddie Moloney / Dr. Barry Kennedy
3:00pm – 3:30pm	Coffee break / Videos from Industry Sponsors
3:30pm – 4:00pm	Prof. Jan Hedner (University of Gothenberg) – <i>Novel Pharmacotherapy in Obstructive Sleep Apnoea</i> Chair: Prof. Liam Cormican
4:00pm – 4:30pm	Prof. Joerg Steier (King’s College, London) – <i>Non-CPAP Therapy in Obstructive Sleep Apnoea: Transcutaneous Electrical Stimulation (TESLA home)</i> Chair: Dr. Brian Kent
4:30pm – 5:00pm	Prof. Dieter Riemann (University of Freiburg) – <i>Chronic Primary Insomnia – State of the Art</i> Chair: Dr. Silke Ryan
5:00pm – 5:30pm	Ms. Breege Leddy (Cremore Clinic, Dublin) – <i>Cognitive Behavioural Therapy and Clinical Management of Insomnia</i> Chair: Dr. Katherine Finan
5:30pm – 6:30pm	Close of meeting followed by Annual Business Meeting

This event attracts 4 CPD Credits in the External CPD category (RCPI)

Oral Abstract Presentations

- 1:10pm – 1:22pm Maintaining a Sleep Service during COVID lockdown
T Green, L Doherty
*Dept of Sleep Medicine,
Bon Secours Hospital Cork*
- 1:22pm – 1:34pm Health-Related Quality of Life in Narcolepsy: A Systematic
Review and Meta-Analysis
R. Tadrous¹, D. O'Rourke², D. Mockler¹, J. Broderick¹
¹. *Department of Physiotherapy, School of Medicine, Trinity
College Dublin, Ireland*
². *Department of Neurology, St. James's Hospital, Dublin, Ireland*
- 1:34pm – 1:46pm A Comparison of Traditional versus Virtual Clinical Physiologist
Led Positive airway pressure (PAP) Review Clinics
A Bukhari, S Shah, K McEvoy , A McGowan, L Cormican
*Respiratory and Sleep Diagnostic Department, Connolly Hospital,
Dublin*
- 1:46pm – 1:58pm Audit of Sleep Pathway for Prader-Willi Syndrome Infants
Commencing Growth Hormone Therapy
Feaheny F, Javadpour S
*Department of Paediatric Respiratory and Sleep Medicine,
Children's Health Ireland at Crumlin*
- 1:58pm – 2:10pm A Profile of Physical Performance Variables in an Out-Patient
Adult Population with Narcolepsy
R. Tadrous¹, J. Broderick¹, N. Murphy³, L. Slattery², G. Quinn³, D.
O'Rourke²
¹ *Discipline of Physiotherapy, School of Medicine, Trinity College
Dublin, Dublin, Dublin, D08 W9RT, Ireland*
² *Department of Neurology, St. James's Hospital, Dublin, Dublin,
Dublin, D08 W9RT, Ireland*
³ *Department of Physiotherapy, St. James's Hospital, Dublin,
Dublin, Dublin, D08 W9RT, Ireland*
- 2:10pm – 2:22pm Obesity: A closer look at management of a major risk factor for
obstructive sleep apnoea (OSA)
S. Chaney; P. Byrne; E. Caffrey and E. Moloney
*Respiratory and Sleep department at Peamount Hospital,
Newcastle Co. Dublin.*

2:22pm – 2:34pm

Pressure Modification or Humidification for Improving Usage of Continuous Positive Airway Pressure Machines in Adults with Obstructive Sleep Apnoea - A Cochrane Systematic Review

C Gill¹, B Kennedy¹, TJ Lasserson², DR Wozniak³, I Smith³

¹*Department of Respiratory & Sleep Medicine, St James' Hospital, Dublin, Ireland*

²*Editorial & Methods Department, Cochrane Central Executive, London, UK*

³*Respiratory Support and Sleep Centre, Royal Papworth Hospital, Cambridge, UK*

2:34pm – 2:46pm

Long-term Adherence to Continuous Positive Airway Pressure Therapy: Predictors in Patients with Obstructive Sleep Apnoea in Ireland

C O'Donnell^{1,2}, SW Ng^{1,2}, A Russell¹, G Nolan¹, S Ryan^{1,2}

¹*Sleep Disorders Unit, St. Vincent's University Hospital Dublin*

²*School of Medicine, University College Dublin*

2:46pm – 2:58pm

Response to Pitolisant Therapy in Patients with Difficult to Treat Hypersomnia

J Kaler¹, E Lyons¹, V Gnoni¹, L Perez-Carbonell¹, S Higgins¹, R Muza¹, P Drakatos¹, GD Leschziner^{1,2}, G d'Ancona¹, BD Kent^{1,3,4}

¹*Sleep Disorders Centre, Guy's & St Thomas' Hospitals, London*

²*Faculty of Life Sciences and Medicine, King's College London*

³*National Narcolepsy Centre, St James' Hospital, Dublin*

⁴*School of Medicine, Trinity College Dublin*

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